AR Issue #27 Calming Mandalas, a Songwriter turned Writer and Writing about Mental Health



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Sunny June is finally here and I hope everyone had a good Father's Day. Recently I re-signed a contract for two of my short stories which will be appearing soon in a sci-fi anthology. It's a series of sci-fi books which started during COVID-19 and was being given out for free to alleviate boredom during the pandemic. Although the pandemic is supposed to be over, the publisher is still releasing these books of free stories to entertain people. However, the contract's publication date expired, so everyone has to re-sign their contracts. When it comes out I'll send everyone the link to download the stories!

- JF Garrard

Latest Artsy Raven Podcast Episodes



Ep 57 Humour and Crime Writing with Bruce R Madole

Bruce Madole, an award-winning songwriter and short fiction writer, speaks about the reality of publishing, advice he learned from writing mentors and the importance of humour in crime writing. Fellow Canadian Suzanne Craig-Whytock shares how she transitioned from being a writer to publisher, the goals for her publishing house DarkWinter Press and what writers can expect after their manuscript is submitted for publication.

Spotify link

Youtube link



Ep 58 Writing about Family and Mental Health with Gina Carroll On the Artsy Raven, Gina Carroll speaks to us about what she gained from leaving a corporate law practice, how she started an authorship services company and the important themes of dementia and mental illness in her latest book, *The Grandest Garden*.

Spotify link

Youtube link

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Artsy Fun - Mandalas



The word mandala means "circle" in Sanskrit and is a geometric design symbolizing the universe in Hinduism and Buddhism. Practitioners use it as a spiritual guidance tool for meditation and trance induction.

Nowadays many people use them for relaxation purposes by coloring them. It's very mesmerizing to look at these patterns and one great website to download different type of mandalas is Monday Mandala (https://mondaymandala.com). Then after you finish you can display them proudly or use them to meditate when you have a few quiet minutes!

Story Origin Group Book Promos



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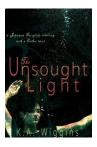




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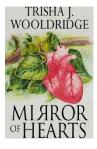
The Unsought Light: A Japanese Fairytale Retelling with a Gothic Twist by K.A. Wiggins (click for free ebook). Hana dreams of floating away on the breeze like the cherry blossoms. But when an otherworldly stranger offers a chance at escape from the stifling bonds of impending arranged marriage, duty and desire collide in a war that threatens to bring down her family, her clan, and her village.



Star-Axe: Book Eight of the Rim Chronicles by Edita A. Petrick (click for preview). An occupied world. A slave labor mining camp. Two captured Fleet officers. And a frontier god who could no longer stand to watch innocent lives perish.



The Obstructed Engine by Jonathan Fesmire (click for free ebook). Anna Lynn Boyd, young brothel madam and secret inventor, resurrected her pet cat, and met her partner Jonny. There's science, adventure, heartbreak, and love in this tale that won an honorable mention in the Writers of the Future Contest.



Mirror of Hearts by Trisha J. Wooldridge (click for free e-book). Roger Hunter has served the Lady White for longer than his life span should have allowed, at a cost higher than his conscience should have allowed. Yet he has only questioned her orders once. A long time ago...The one time he decided to listen to his own heart. And it wasn't enough to break the spell he



The Duty of Magic by L. J. Evias (click for free e-book). In a world torn apart by war and magic, the young Prince Ademir is desperate to prove himself. But when his reckless actions almost lead to his death, he must decide whether to listen to his father or follow his heart. The prince's recklessness has devastating



Evolutionary Magic by
Christina Herlyn (click for preview). Elite monster hunter with the E-gene might sound prestigious, but Andromeda just put on her last pair of jeans not slimed, burned, or eaten on the job. She expects to die by monster in spectacular fashion until she meets a scientist who believes in magic. And he claims she has it.

submitted to: The power of another heart's song.

consequences, and he soon finds himself facing impossible odds.



The West Road by A.J. Park (click for free e-book). Dane had been a soldier for most of his life. And he'd traveled for nearly a year before a muddy country road brought him to Gildan. Sworn to complete a quest even with time quickly running out, he can't give up his search for a missing girl and an enchanted ring. If he fails, his nation will be destroyed.

