



The Artsy Raven

A Dark Helix Press/JF Garrard Newsletter



Nov 2025, Issue #45

November is a cold month. My bff of 30 years died recently, so I'm a bit of a mess. No time to really process things, there are kids left behind by her that need my help. Will do my best. She was my first true Patreon supporter of the Artsy Raven podcast and we had been talking about doing a special episode with her, but we never recorded it.

Life is short and sometimes we all need a bit of help to get through mental health hurdles, so I'll be listing some free resources below.

- [JF Garrard](#)

President, Dark Helix Press

Podcast Host, *The Artsy Raven* Literary Podcast

Latest Artsy Raven Podcast Episodes

JF Garrard (writer, editor and publisher) has frank conversations with writers, editors, publishers, artists, actors, directors and other art professionals about what inspires them to create and what led to their success. Writers on the podcast will showcase their work by reading from their book.



Ep 88 From TikTok to the Bookshelf with Jinwoo Park

Jinwoo Park shares about what it's like growing up within two cultures (Korean & Canadian), how TikTok got him published, and what inspired his latest book.



Ep 89 Reimagining Myths and Making Magic with Julie Berry

Award-winning author and independent bookstore owner Julie Berry reflects on how recognition has shaped her journey, the spark behind her daring new novel that pits Jack the Ripper against Medusa, and the transformative magic that reading brings into people's lives.

The Artsy Raven Podcast Channels

To listen to all 80+ episodes of The Artsy Raven podcast, please click the Spotify or Youtube links below. Happy listening!



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For a summary each podcast episode, please visit our Ko-Fi or Patreon page links below where you can leave a tip or become a sponsor of the podcast!

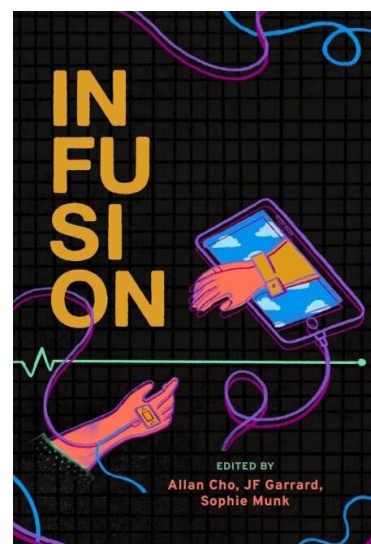


[Patreon link](#)

[Ko-Fi link](#)



Books released in March 2025 we'll be selling for rest of the year!



Artsy Fun - Mental Health Resources



This is just a of some free mental health resources which may be useful when a bit of help is needed. It ranges from hotlines to more information on different ailments.

Canada - the Canadian government divides up resources by province, which includes hotlines, self-guided therapy programs and information for newcomers. [Click here to access](#)

US - The Centre for Disease Control lists resources and a national number for use. There's even hotlines for disasters or maternal mental health. [Click here to access](#)

UK - The NHS has a list of resources for use as well. [Click here to access](#)

International - "Find a helpline" is a site of gathered mental health resources for many countries, you just have to enter which country you want information for. [Click here to access](#)

Story Origin Group Book Promos



Sci-Fi Fantasy Madness Giveaway! Get these books fast! This promotion ends Dec 7, 2025. ([click to download](#))

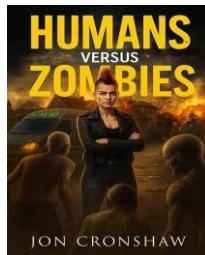


FREE Fast-Paced Fantasy & Sci-Fi - November 2025. Get these books fast! This promotion ends Nov 30, 2025! ([click to download](#))

Fellow Indie Author Promos



Scorched Scars by Dax Murray ([click to download](#)). When one of their comrades goes missing, Kegan is given the assignment of hunting them down and getting them home safely. Kegan must find the missing rebel before the king's guard does or the rebellion might be over before they can achieve their revolution. But can Kegan do so when poachers are hot on their heels?



Humans Versus Zombies by Wyvern Books ([click to download](#)). From a terminally ill bus driver on one last run, to a pub full of survivors on the edge, *Humans Versus Zombies* is survival horror with heart—where heroism means holding on to your humanity, no matter the cost.



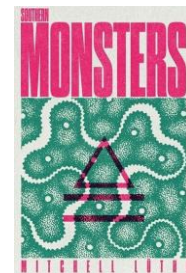
SWANWAKE: Echoes of Future Battles by Juan Carlos Toral Duenas ([click for preview](#)). *SWANWAKE* is a relentless, high-stakes techno-thriller that combines blistering action with chillingly plausible technology. In a world where the line between creator and creation has blurred to nothing, the future of civilization hangs by a thread.



Transform the World by J. Scott Coatsworth ([click to download](#)). From a swim through an underwater museum to a joyous dance at a futuristic concert, from the eco-friendly aftermath of an alien invasion and retreat to the refurbishing of an old climate-ravaged home in New Vancouver, these fourteen short sci-fi stories will to restore your faith in the future.



Horizon: Character Bios + Intro by Mandi Lavoie ([click to download](#)). Learn behind the scenes backgrounds of our hero Ehren Odabran, a loyal Sovereign Guard in the Assembly of Nobles who must flee for his life into a hostile no fly zone away from the Sovereign himself who is trying to kill him out of jealousy.



Southern Monsters: A Short Story by Mitchell Luthi ([click to download](#)). On the southernmost tip of South Africa's only colony, Isaac hunts. He is the last of his kind, a relic of the old wars and the old ways. But he is not alone on the scoria fields. Something older than the ice, something from deeper than the ocean trenches, is stirring.



The Volcan Council by Laurie Bowler ([click for preview](#)). As visions of burning cities and shadowy threats plague their minds, a group must confront an impossible choice. Cities will fall, and humanity faces an unseen enemy that only they can defeat. Yet something about Victor's teachings feels wrong. If they choose the wrong path, could they become the very threat they're meant to fight?



When All Else Fears by Nevah Ann ([click to download](#)). As a demon who feasts on fear, Prince Kyler has never had a reason to be afraid. Not until his little sister, the only person he still loves, is abducted from the palace. When the King chooses to leave her to her fate, Kyler must do the unthinkable -- defy his father and leave the safety of his kingdom behind.



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