

AR Podcast #55 - Missing People List for Nepal Flood, Anita Rau Badami, Kyle Bentley, Natalie Southworth, Fartumo Kusow, Brent van Staaldunen, Robert-Louis Abrahamson



An Artsy Raven Newsletter



Sept 2026, Issue #55

On August 26, 2026, a glacier fell and caused a giant flood in [Nepal](#). This was a big disaster, causing over 1200 deaths and 4800+ missing. Then there was a flurry of emails, apparently one of my friends was doing a religious pilgrim from Nepal into Tibet and had just landed in Nepal when the flood happened. I vaguely remember them going on vacation but since I was packing stuff to go on vacation myself, I didn't remember where they were going. So it was a shock to learn that they are missing. As I type this, they have been missing for over two weeks.

The Nepal government has information on their website for anyone looking for missing people, which includes:

List of found people - <https://ndrrma.gov.np/en/rasuwa>

List of unidentified people (TRIGGER WARNING - some bodies not in good shape)
<https://udb.nepalpolice.gov.np/disaster>

At this moment, I am full of anxiety and my heart is broken. The unknowingness really deteriorates the soul.

Someone said that I seem to be surrounded by death since my best friend was murdered last year and a series of family members died over the last decade. I just think it's because I know a lot of people and no one lives forever.

To end on a positive note, as my mom says - live for today, eat, drink, go places and enjoy binging on tv shows!

- JF Garrard

President, Dark Helix Press
Podcast Host, *The Artsy Raven* Literary Podcast

Nepal Flood - Missing Person Poster



MISSING

MANSAROVAR TOUR - NEPAL FLOOD

PLEASE HELP US FIND HIM - ANY INFORMATION CAN SAVE A LIFE

HIMANSHU AGARWAL

AGE: 44
NATIONALITY: CANADIAN CITIZEN (OCI HOLDER)
TOUR AGENCY: HIMALAYAN GLACIER TOURS
LAST KNOWN LOCATION: KAILASH HOTEL, TAIMURE (ROSUWAGADHI BORDER AREA), NEPAL
LAST CONTACT: 26 AUGUST 2026, AROUND 8:00 AM NEPAL TIME
MOBILE: +1 (647) 780-0066

LAST SEEN IN THE ROSUWAGADHI / TAIMURE AREA
AFFECTED BY FLASH FLOOD ON 26 AUGUST 2026.

IF YOU HAVE SEEN HIM OR HAVE ANY INFORMATION,
PLEASE CONTACT IMMEDIATELY.

CANADA CONSULAR EMERGENCY (24/7)
+1 613-996-8885
sos@international.gc.ca

CANADIAN CONSULATE, KATHMANDU
+977 1 498 7910

NEPAL TOURIST POLICE
1144

NEPAL POLICE EMERGENCY
100

FAMILY CONTACT:
AANCHAL AGARWAL +1 (647) 400-0634
PLEASE SHARE THIS POSTER WIDELY TO HELP BRING HIM HOME SAFELY.
THANK YOU FOR YOUR SUPPORT AND HELP.

This is a poster of my missing friend, Himanshu Agarwal who left for a religious pilgrimage in August.

All the details about him is on the image, he made contact on a Tuesday (over two weeks ago) to family in Canada and the flood hit Wednesday.

He is such a nice, generous man, and I am in shock that something as random as this happened to him.

I hope that he returns with a tale to tell over a meal as our kids play in the background and talk about the latest superhero movies.

The problem with me as a writer is that when my heart and brain breaks, I keep rewriting stories over and over again. My Chinese doctor told me sternly I had to stop, because reality is not fiction and I have no control, so I have to stop my imagination.

Since posting on social media, a few people have offered assistance with Nepal contacts, but

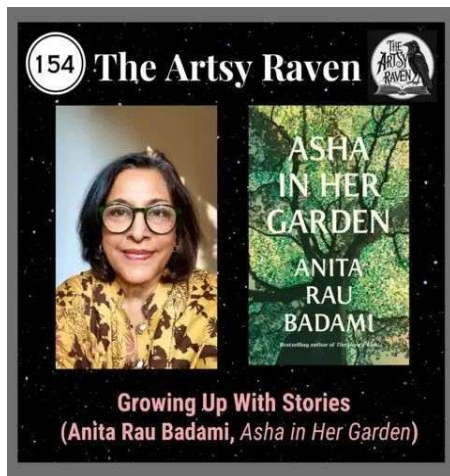
no one has found him yet. We live day to day in hope there might be a miracle.

Latest Artsy Raven Podcast Episodes

JF Garrard (writer, editor and publisher) has frank conversations with writers, editors, publishers, artists, actors, directors and other art professionals about what inspires them to create and what led to their success. Writers on the podcast will showcase their work by reading from their book.

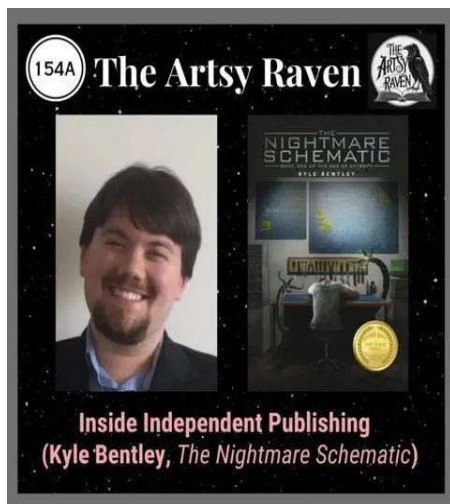
Please visit our website for the latest episodes: <https://artsyraven.com>.

We've lowered the Patreon tiers so it's easier to gain access to the 100+ bonus episodes to help people on their creative journeys! Just pay what you can (\$5-30USD/month) and individual bonus episodes available for \$3USD - <https://www.patreon.com/c/jfgarrard/membership>



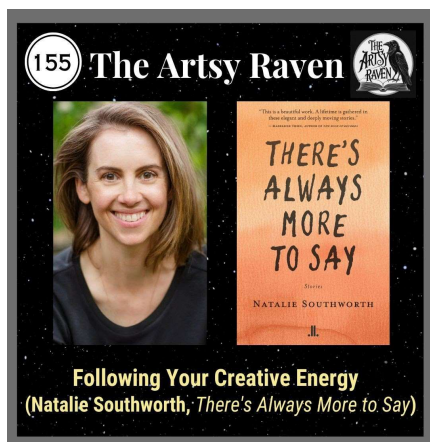
Ep154 Growing Up With Stories with Anita Rau Badami

Anita Rau Badami talks about growing up in a family of gifted storytellers, how a mysterious white-haired woman from her childhood inspired *Asha in Her Garden*, and why persistence is one of a writer's greatest strengths.



Ep154A Inside Independent Publishing with Kyle Bentley

Kyle Bentley talks about life as an indie publisher, his character-first approach to storytelling, and the publishing scams aspiring authors should avoid.



Ep155 Following Your Creative Energy with Natalie Southworth

Natalie Southworth explores her transition from journalism to literary fiction, explains why awards can be valuable stepping stones for emerging writers, and reveals why the best stories come from following creative energy.



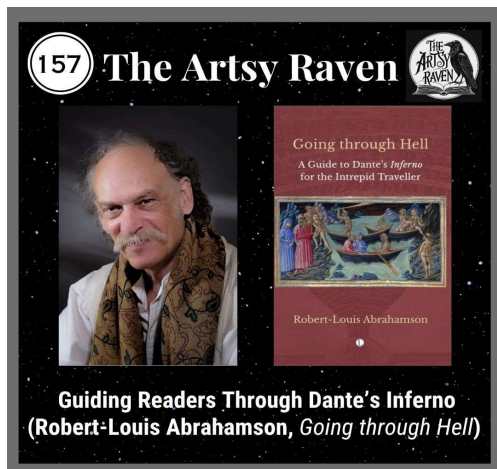
Ep156 Stories Across Borders with Fartumo Kusow

Fartumo Kusow discusses her journey from Somalia to Canada, the importance of giving women and children a voice through storytelling, and why writers should make writing a daily habit.



Ep156A Writing, Peacekeeping, and Staying Curious with Brent van Staalduinen

Brent van Staalduinen explores his career as a writer and educator, the complex roles of Canadian peacekeepers, and why writers should refuse to sit still.



Ep157 Guiding Readers Through Dante's Inferno with Robert-Louis Abrahamson

Robert Louis Abrahamson reflects on his journey from American to English academic life, explores the enduring importance of Dante's Inferno, and shares his concerns about the impact of AI on writing.

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Podcast merchandise available at our Threadless store: <https://darkhelix.threadless.com/designs/the-artsy-raven-logo-v2>

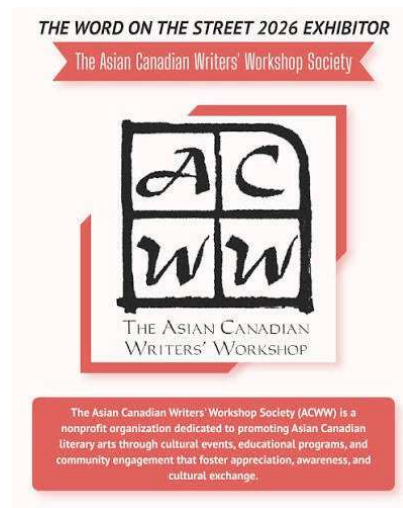


Patreon link

Ko-Fi link



Event - Word on the Street Toronto



The Word On The Street's 37th Annual Festival in Toronto returns to its iconic fall weekend, September 26th and 27th, at David Pecaut Square.

Saturday, September 26 – 11:00 AM – 6:00 PM

Sunday, September 27 – 10:00 AM – 5:00 PM

Visit me at the Asian Canadian Writers' Workshop booth!

On Saturday, September 26 I will be hosting an Author Speed Dating workshop which is limited to 50 people and I will be giving away books by the Artsy Raven podcast guests, bookmarks, pens and handouts.

Register for my workshop here:

<https://toronto.thewordonthestreet.ca/events/author-speed-dating/> See

you soon!

Event link: <https://toronto.thewordonthestreet.ca/>

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SEP

4:30 pm - 5:30 pm

Author Speed Dating

Presented by JF Garrard

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Event Details

Meet a bunch of awesome authors face-to-face and discover your next favourite read in a fun, fast-paced way!

Author Speed Dating is a fast-paced, interactive networking session designed to connect writers for collaboration, support, and creative inspiration. The session begins with a short introduction by JF Garrard, offering practical tips on networking efficiently, breaking the ice, and making meaningful first impressions. A handout will be distributed with instructions for making a mini-pitch, as well as conversation prompts to avoid awkwardness! Participants then take part in structured, timed one-on-one conversations, rotating through multiple matches to exchange ideas, share projects, and build lasting connections within the writing community.



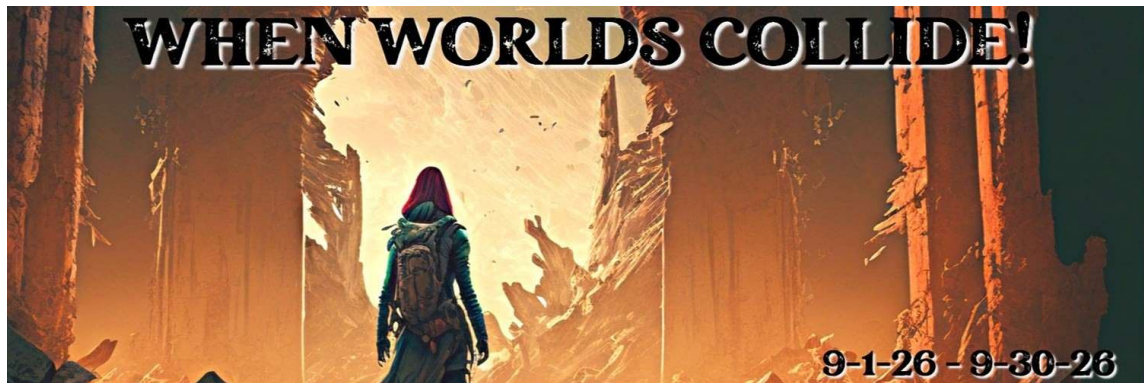
Speakers for this event

JF Garrard

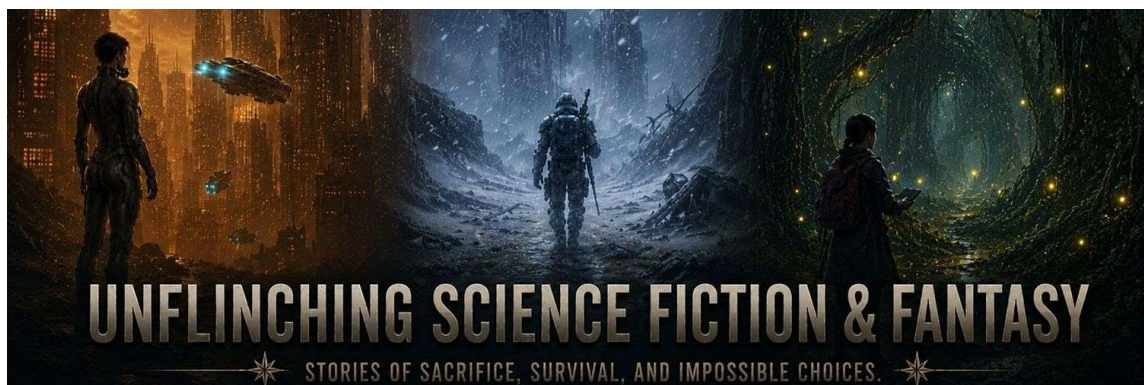
Story Origin Group Book Promos



Monthly Horror Giveaway, get these books fast! This promotion ends Sep 12, 2026! ([click here](#))



WHEN WORLDS COLLIDE! Get these books fast! This promotion ends Oct 1, 2026! ([click here](#))



Unflinching Sci-Fi and Fantasy with emotional power, get these books fast! This promotion ends Sep 25, 2026! ([click here](#))

Fellow Indie Author Promos



Greetings from Moon Hill - Complete Edition by Anthony Rapino ([click to download](#)). Somewhere in Northeastern Pennsylvania, nestled between the forests and foothills of the Poconos, you'll find the forgotten town of Moon Hill. This book is a roadmap to the lost town's terrifying mysteries. Wander through the brush of Moon Hill State Forest and explore its otherworldly flora in "From Your Body They Rise," among other stories.



Tales From The Shortbox: Volume 2 by Aaron Norton ([click for preview](#)). Step into a curated archive of 8 cautionary tales that explore the heavy cost of shortcuts and the inescapable weight of our choices. From a Sovereign's pen that rewrites history to an underground transit token that steals lives, these stories prove that when you try to cheat the ledger of the universe, the final invoice is always paid in full.



Cosmic Chaos Installment 1 by Graham Burnett ([click to download](#)). This will be the first digital novelisation installment into the seven part cosmic chaos installment series as to this story starts as for what a lot of people have always wanted to see, The justice league and The avengers face off against each other, this is a story of ultimate horror and survival as we all get to see who will survive, will anyone survive, only the story will tell.



Fire and Ash (Rise of the Dragons Trilogy Book 1) by N. R. Hairston ([click to download](#)). A chance encounter with a group of powerful beings leaves private investigator Alisa reeling from the knowledge that she is something...other. Can she use her newly discovered abilities to



The Bloodied Rose - Raven by Laurie Bowler ([click for preview](#)). For centuries, the noble vampire houses have hidden the truth of their origins. Vampires were not the first creatures of the night. They were created as soldiers by the Noctari, beautiful and monstrous winged beings who once



Falling Through: Into the Void: Book One by Ben Pick ([click for preview](#)). Spurred by the mysterious monster, a series of worsening superpower-related accidents lead Derek to lose control of his powers to send him and his friends on a journey throughout time. Together they must overcome

fight an ancient enemy bent on destroying the world as she knows it? Or will she succumb to the fire before she learns to control her “other” nature?



Hunter's Moon: Sisters of Conjure Cove by Sherry Hutchison ([click for preview](#)). As All Hallows Eve approaches, Melisandre Vorel, the dark witch long thought defeated, awakens from her enchanted sleep to find her coven scattered, her father destroyed, and her thirst for vengeance insatiable. She sets her sights on the one prize that could restore her power. She wants a new coven, a new legacy, and she intends to claim Angela Arcana and Orin Sparrowhawk to build it. Desperate, she forges a pact with a demon, a bargain steeped in blood and promises that she may not be able to keep.

sought to erase humanity from the world. When the vampire bloodlines rebelled, Velacroix blood became the lock that imprisoned them, and Morvayne shadow became the chain. Now the prison is failing.



The Handler's Gambit (Preview) by Ingrid Moon ([click to download](#)). The Handler's Gambit is an award-winning, character-driven space opera packed with action, twists, and biological “magic.” 2024 The BookFest Award, 2024 Outstanding Creators Award, 2025 Independent Press Award.

Play the game. Murder the innocent.
Don't let them see you sweat.

their past mistakes in order to survive and claw their way back home, if they still have a home to return to.



The Mysterious Magical Emporium by Rachanee Lumayno ([click to download](#)). A sinister new magic shop has suddenly appeared in the kingdom of Calia, stealing both memories and money from its citizens. Can you uncover the mystery of the magic shop before it claims its next victim? Or will you be the next to fall under its spell?



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